

**Substance Abuse and Mental Health Services Administration
(SAMHSA)**

Center for Substance Abuse Treatment (CSAT)

**Government Performance and Results Act (GPRA)
Client Outcome Measures for Discretionary Programs**

August 2022

Public reporting burden for this collection of information is estimated to average 36 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information, if all items are asked of a client/participant; to the extent that providers already obtain much of this information as part of their ongoing client/participant intake or follow-up, less time will be required. Send comments regarding this burden estimate or any other aspect of this collection of information to SAMHSA Reports Clearance Officer, Room 15E57A, 5600 Fishers Lane, Rockville, MD 20857. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. The control number for this project is 0930-0208.

B. SUBSTANCE USE AND PLANNED SERVICES

1. USING THE TABLE BELOW, PLEASE INDICATE THE FOLLOWING:

A. THE NUMBER OF DAYS, IN THE PAST 30 DAYS, THAT THE CLIENT REPORTS USING A SUBSTANCE.

[DO NOT READ TO CLIENT] The client should be encouraged to list the substances on their own. If they are unsure, the list from the table below can be read to the client. Please note that not all substance use is considered harmful or illicit – it may be that a substance is prescribed by a licensed provider, or that the client uses the substance in accordance with official, national safety guidelines. In such instances, clarification from the client should be sought, but if the substance is only taken as prescribed or used on each occasion in accordance with official, national safety guidelines, then it is not considered misuse. If no use of a listed substance is reported, please enter a zero ('0') in the corresponding 'Number of Days Used' column. If the client refuses to answer the question, then select "REFUSED".

B. THE ROUTE BY WHICH THE SUBSTANCE IS USED.

[DO NOT READ TO CLIENT] Mark one route only for each substance used. But, if the client identifies more than one route, choose the corresponding route with the highest associated number value (numbers 1 – 6). Responses should capture the past 30 days of use.

During the past 30 days, how many days have you used any substance, and how do you take the substance?

REFUSED

	A. Number of Days Used	B. Route		
		1. Oral	2. Intranasal	3. Vaping
		4. Smoking	5. Non-IV Injection	6. Intravenous (IV) Injection
		0. Other		
a. Alcohol				
1. Alcohol	__ __		__	
2. Other (SPECIFY)	__ __		__	
b. Opioids				
1. Heroin	__ __		__	
2. Morphine	__ __		__	
3. Fentanyl (Prescription Diversion Or Illicit Source)	__ __		__	
4. Dilaudid	__ __		__	
5. Demerol	__ __		__	
6. Percocet	__ __		__	
7. Codeine	__ __		__	
8. Tylenol 2, 3, 4	__ __		__	
9. OxyContin/Oxycodone	__ __		__	
10. Non-prescription methadone	__ __		__	
11. Non-prescription buprenorphine	__ __		__	
12. Other (SPECIFY)	__ __		__	
c. Cannabis				
1. Cannabis (Marijuana)	__ __		__	
2. Synthetic Cannabinoids	__ __		__	

	A. Number of Days Used	B. Route		
		1. Oral	2. Intranasal	3. Vaping
		4. Smoking	5. Non-IV Injection	6. Intravenous (IV) Injection
		0. Other		
3. Other (SPECIFY)	_ _ _	_		
<u>d. Sedative, Hypnotic, or Anxiolytics</u>				
1. Sedatives	_ _ _	_		
2. Hypnotics	_ _ _	_		
3. Barbiturates	_ _ _	_		
4. Anxiolytics/Benzodiazepines	_ _ _	_		
5. Other (SPECIFY)	_ _ _	_		
<u>e. Cocaine</u>				
1. Cocaine	_ _ _	_		
2. Crack	_ _ _	_		
3. Other (SPECIFY)	_ _ _	_		
<u>f. Other Stimulants</u>				
1. Methamphetamine	_ _ _	_		
2. Stimulant medications	_ _ _	_		
3. Other (SPECIFY)	_ _ _	_		
<u>g. Hallucinogens & Psychedelics</u>				
1. PCP	_ _ _	_		
2. MDMA	_ _ _	_		
3. LSD	_ _ _	_		
4. Mushrooms	_ _ _	_		
5. Mescaline	_ _ _	_		
6. Salvia	_ _ _	_		
7. DMT	_ _ _	_		
8. Other (SPECIFY)	_ _ _	_		
<u>h. Inhalants</u>				
1. Inhalants	_ _ _	_		
2. Other (SPECIFY)	_ _ _	_		
<u>i. Other Psychoactive Substances</u>				
1. Non-prescription GHB	_ _ _	_		
2. Ketamine	_ _ _	_		
3. MDPV/Bath Salts	_ _ _	_		
4. Kratom	_ _ _	_		
5. Khat	_ _ _	_		
6. Other tranquilizers	_ _ _	_		
7. Other downers	_ _ _	_		
8. Other sedatives	_ _ _	_		
9. Other hypnotics	_ _ _	_		
10. Other (SPECIFY)	_ _ _	_		
<u>j. Tobacco and Nicotine</u>				
1. Tobacco	_ _ _	_		

	A. Number of Days Used	B. Route		
		1. Oral	2. Intranasal	3. Vaping
		4. Smoking	5. Non-IV Injection	6. Intravenous (IV) Injection
		0. Other		
2. Nicotine (Including Vape Products)	__ __	__		
3. Other (SPECIFY)	__ __	__		

2. Have you been diagnosed with an alcohol use disorder, if so which FDA-approved medication did you receive for the treatment of this alcohol use disorder in the past 30 days? [CHECK ALL THAT APPLY.]

- Naltrexone [IF RECEIVED] Specify how many days received |__|__|
- Extended-release Naltrexone [IF RECEIVED] Specify how many doses received |__|__|
- Disulfiram [IF RECEIVED] Specify how many days received |__|__|
- Acamprosate [IF RECEIVED] Specify how many days received |__|__|
- DID NOT RECEIVE AN FDA-APPROVED MEDICATION FOR A DIAGNOSED ALCOHOL USE DISORDER
- CLIENT DOES NOT REPORT SUCH A DIAGNOSIS

3. Have you been diagnosed with an opioid use disorder, if so which FDA-approved medication did you receive for the treatment of this opioid use disorder in the past 30 days? [CHECK ALL THAT APPLY.]

- Methadone [IF RECEIVED] Specify how many days received |__|__|
- Buprenorphine [IF RECEIVED] Specify how many days received |__|__|
- Naltrexone [IF RECEIVED] Specify how many days received |__|__|
- Extended-release Naltrexone [IF RECEIVED] Specify how many doses received |__|__|
- DID NOT RECEIVE AN FDA-APPROVED MEDICATION FOR A DIAGNOSED OPIOID USE DISORDER
- CLIENT DOES NOT REPORT SUCH A DIAGNOSIS

4. Have you been diagnosed with a stimulant use disorder, if so which evidence-based interventions did you receive for the treatment of this disorder in the past 30 days? [CHECK ALL THAT APPLY.]

- Contingency Management [IF RECEIVED] Specify how many days received |__|__|
- Community Reinforcement [IF RECEIVED] Specify how many days received |__|__|
- Cognitive Behavioral Therapy [IF RECEIVED] Specify how many days received |__|__|
- Other evidence-based intervention [IF RECEIVED] Specify how many days received |__|__|
- DID NOT RECEIVE ANY INTERVENTION FOR A DIAGNOSED STIMULANT USE DISORDER
- CLIENT DOES NOT REPORT SUCH A DIAGNOSIS

5. Have you been diagnosed with a tobacco use disorder, if so which FDA-approved medication did you receive for the treatment of this tobacco use disorder in the past 30 days? [CHECK ALL THAT APPLY.]

- Nicotine Replacement [IF RECEIVED] Specify how many days received |__|__|
- Bupropion [IF RECEIVED] Specify how many days received |__|__|
- Varenicline [IF RECEIVED] Specify how many days received |__|__|
- DID NOT RECEIVE AN FDA-APPROVED MEDICATION FOR A DIAGNOSED TOBACCO USE DISORDER
- CLIENT DOES NOT REPORT SUCH A DIAGNOSIS

6. In the past 30 days, did you experience an overdose or take too much of a substance that resulted in needing supervision or medical attention?

- Yes [IF YES, SPECIFY BELOW, IN QUESTION 7]
- No [IF NO, SKIP TO QUESTION 8]
- REFUSED [SKIP TO QUESTION 8]

7. **In the past 30 days, after taking too much of a substance or overdosing, what intervention did you receive? You may indicate more than one.**
- Naloxone (Narcan)
 - Care in an Emergency Department
 - Care from a Primary Care Provider
 - Admission to a hospital
 - Supervision by someone else
 - Other (SPECIFY) _____
 - REFUSED
8. **Not including this current episode, how many times in your life have you been treated at an inpatient or outpatient facility for a substance use disorder?**
- One time
 - Two times
 - Three times
 - Four times
 - Five times
 - Six or more times
 - Never **[SKIP TO QUESTION 10]**
 - REFUSED **[SKIP TO QUESTION 10]**
9. **Approximately when was the last time you received inpatient or outpatient treatment for a substance use disorder?**
- Less than 6 months ago
 - Between 6 months and one year ago
 - One to two years ago
 - Two to three years ago
 - Three to four years ago
 - Five or more years ago
 - REFUSED
10. **Have you ever been diagnosed with a mental health illness by a health care professional?**
- Yes
 - No **[SKIP TO QUESTION 11]**
 - REFUSED **[SKIP TO QUESTION 11]**

10a. **PLEASE ASK THE CLIENT TO SELF-REPORT THEIR MENTAL HEALTH ILLNESSES AS LISTED IN THE TABLE BELOW. THE CLIENT SHOULD BE ENCOURAGED TO REPORT THEIR OWN MENTAL HEALTH ILLNESSES BUT IF PREFERRED, THE LIST CAN BE READ TO THE CLIENT. PLEASE INDICATE ALL THAT APPLY.**

	SELF-REPORTED
Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders	
Brief psychotic disorder	<input type="radio"/>
Delusional disorder	<input type="radio"/>
Schizoaffective disorders	<input type="radio"/>
Schizophrenia	<input type="radio"/>
Schizotypal disorder	<input type="radio"/>
Shared psychotic disorder	<input type="radio"/>
Unspecified psychosis	<input type="radio"/>
Mood [affective] disorders	
Bipolar disorder	<input type="radio"/>
Major depressive disorder, recurrent	<input type="radio"/>

	SELF-REPORTED
Major depressive disorder, single episode	<input type="radio"/>
Manic episode	<input type="radio"/>
Persistent mood [affective] disorders	<input type="radio"/>
Unspecified mood [affective] disorder	<input type="radio"/>
Phobic Anxiety and Other Anxiety Disorders	
Agoraphobia without panic disorder	<input type="radio"/>
Agoraphobia with panic disorder	<input type="radio"/>
Agoraphobia, unspecified	<input type="radio"/>
Generalized anxiety disorder	<input type="radio"/>
Panic disorder	<input type="radio"/>
Phobic anxiety disorders	<input type="radio"/>
Social phobias (Social anxiety disorder)	<input type="radio"/>
Specific (isolated) phobias	<input type="radio"/>
Obsessive-compulsive disorders	
Excoriation (skin-picking) disorder	<input type="radio"/>
Hoarding disorder	<input type="radio"/>
Obsessive-compulsive disorder	<input type="radio"/>
Obsessive-compulsive disorder with mixed obsessional thoughts and acts	<input type="radio"/>
Reaction to severe stress and adjustment disorders	
Acute stress disorder; reaction to severe stress, and adjustment disorders	<input type="radio"/>
Adjustment disorders	<input type="radio"/>
Body dysmorphic disorder	<input type="radio"/>
Dissociative and conversion disorders	<input type="radio"/>
Dissociative identity disorder	<input type="radio"/>
Post traumatic stress disorder	<input type="radio"/>
Somatoform disorders	<input type="radio"/>
Behavioral syndromes associated with physiological disturbances and physical factors	
Eating disorders	<input type="radio"/>
Sleep disorders not due to a substance or known physiological condition	<input type="radio"/>
Disorders of adult personality and behavior	
Antisocial personality disorder	<input type="radio"/>
Avoidant personality disorder	<input type="radio"/>
Borderline personality disorder	<input type="radio"/>
Dependent personality disorder	<input type="radio"/>
Histrionic personality disorder	<input type="radio"/>
Intellectual disabilities	<input type="radio"/>
Obsessive-compulsive personality disorder	<input type="radio"/>
Other specific personality disorders	<input type="radio"/>
Paranoid personality disorder	<input type="radio"/>
Personality disorder, unspecified	<input type="radio"/>
Pervasive and specific developmental disorders	<input type="radio"/>
Schizoid personality disorder	<input type="radio"/>

NONE OF THE ABOVE

C. LIVING CONDITIONS

1. In the past 30 days, where have you been living most of the time? [DO NOT READ RESPONSE OPTIONS TO CLIENT.]

- Shelter (Safe Havens, Transitional Living Center [TLC], Low-Demand Facilities, Reception Centers, Other Temporary Day or Evening Facility)
- Street/Outdoors (Sidewalk, Doorway, Park, Public Or Abandoned Building)
- Institution (Hospital, Nursing Home, Jail/Prison)
- Housed: ***[IF HOUSED, CHECK APPROPRIATE SUBCATEGORY:]***
- Own/Rental Apartment, Room, Trailer, Or House
- Someone Else's Apartment, Room, Trailer, Or House (including couch surfing)
- Dormitory/College Residence
- Halfway House or Transitional Housing
- Residential Treatment
- Recovery Residence/Sober Living
- Other Housed (SPECIFY) _____
- REFUSED

2. Do you currently live with any person who, over the past 30 days, has regularly used alcohol or other substances?

- Yes
- No
- No, lives alone
- REFUSED

D. EDUCATION, EMPLOYMENT, AND INCOME

1. Are you currently enrolled in school or a job training program? [IF ENROLLED] Is that full time or part time? [IF CLIENT IS INCARCERATED, CODE D1 AS "NOT ENROLLED."]

- NOT ENROLLED
- ENROLLED, FULL TIME
- ENROLLED, PART TIME
- REFUSED

2. What is the highest level of education you have finished, whether or not you received a degree?

- LESS THAN 12TH GRADE
- 12TH GRADE/HIGH SCHOOL DIPLOMA/EQUIVALENT
- VOCATIONAL/TECHNICAL (VOC/TECH) DIPLOMA
- SOME COLLEGE OR UNIVERSITY
- BACHELOR'S DEGREE (FOR EXAMPLE: BA, BS)
- GRADUATE WORK/GRADUATE DEGREE
- OTHER (SPECIFY) _____
- REFUSED

3. Are you currently employed? [CLARIFY BY FOCUSING ON STATUS DURING MOST OF THE PREVIOUS WEEK, DETERMINING WHETHER CLIENT WORKED AT ALL OR HAD A REGULAR JOB BUT WAS OFF WORK.] [IF CLIENT IS INCARCERATED AND HAS NO WORK OUTSIDE OF JAIL, CODE D3 AS "NOT LOOKING FOR WORK."]

- EMPLOYED, FULL TIME (35+ HOURS PER WEEK, OR WOULD BE, IF NOT FOR LEAVE OR AN EXCUSED ABSENCE)
- EMPLOYED, PART TIME
- UNEMPLOYED—BUT LOOKING FOR WORK
- NOT EMPLOYED, NOT LOOKING FOR WORK
- NOT WORKING DUE TO A DISABILITY
- RETIRED, NOT WORKING
- OTHER (SPECIFY) _____
- REFUSED

4. Do you, individually, have enough money to pay for the following living expenses? Choose all that apply.

- Food
- Clothing
- Transportation
- Rent/Housing
- Utilities (Gas/Water/Electric)
- Telephone Connection (Cell or Landline)
- Childcare
- Health Insurance
- REFUSED

5. What is your personal annual income, meaning the total pre-tax income from all sources, earned in the past year?

- \$0 to \$9,999
- \$10,000 to \$14,999
- \$15,000 to \$19,999
- \$20,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$199,999
- \$200,000 or more
- REFUSED

E. LEGAL

- 1. In the past 30 days, how many times have you been arrested? [IF THE CLIENT INDICATES NO ARRESTS IN THE PAST 30 DAYS, BUT IS INCARCERATED AT THE TIME OF THE INTERVIEW, MARK CURRENTLY INCARCERATED]**

____|____| TIMES REFUSED Currently Incarcerated

- 2. Are you currently awaiting charges, trial, or sentencing?**

Yes
 No
 REFUSED

- 3. Are you currently on parole or probation or intensive pretrial supervision?**

Probation
 Parole
 Intensive Pretrial Supervision
 No
 REFUSED

- 4. Do you currently participate in a drug court program or are you in a deferred prosecution agreement?**

Drug court program
 Deferred prosecution agreement
 No, neither of these
 REFUSED

F. MENTAL AND PHYSICAL HEALTH PROBLEMS AND TREATMENT/RECOVERY

1. How would you rate your quality of life over the past 30 days?

- Very poor
- Poor
- Neither poor nor good
- Good
- Very good
- REFUSED

2. In the past 30 days, how many days have you [ENTER '0' IN DAYS IF THE CLIENT REPORTS THAT THEY HAVE NOT EXPERIENCED THE CONDITION. SELECT REFUSED FOR NO RESPONSE]:

	Days	REFUSED
2a. Experienced serious depression	_ _	<input type="radio"/>
2b. Experienced serious anxiety or tension	_ _	<input type="radio"/>
2c. Experienced hallucinations	_ _	<input type="radio"/>
2d. Experienced trouble understanding, concentrating, or remembering	_ _	<input type="radio"/>
2e. Experienced trouble controlling violent behavior	_ _	<input type="radio"/>
2f. Attempted suicide	_ _	<input type="radio"/>
2g. Been prescribed medication for psychological/emotional problem	_ _	<input type="radio"/>

[IF CLIENT REPORTS 1 OR MORE DAYS TO ANY QUESTION IN #2, PLEASE ENSURE THAT THEY ARE SEEN BY A LICENSED PROFESSIONAL AS SOON AS POSSIBLE.]

3. How much have you been bothered by these psychological or emotional problems in the past 30 days?

- Not at all
- Slightly
- Moderately
- Considerably
- Extremely
- NO REPORTED MENTAL HEALTH COMPLAINTS IN THE PAST 30 DAYS
- REFUSED _____

4. In the past 30 days, where have you gone to receive medical care? You may select more than one response.

- Primary Care Provider
- Urgent Care
- The Emergency Department
- A specialist doctor
- No care was sought
- Other (SPECIFY) _____

5. Do you currently have medical/health insurance?

- Yes
- No *[GO TO NEXT SECTION]*
- REFUSED *[GO TO NEXT SECTION]*

5a. What type of insurance do you have [CHECK ALL THAT APPLY]?

- Medicare
- Medicaid
- Private Insurance or Employer Provided
- TRICARE or other military health care
- An assistance program [for example, a medication assistance program]
- Any other type of health insurance or health coverage plan (SPECIFY) _____
- REFUSED

G. SOCIAL CONNECTEDNESS

1. In the past 30 days, did you attend any voluntary mutual support groups for recovery? In other words, did you participate in a non-professional, peer-operated organization that assists individuals who have addiction-related problems such as: Alcoholics Anonymous, Narcotics Anonymous, Secular Organization for Sobriety, Women for Sobriety, religious/faith-affiliated recovery mutual support groups, etc.? Attendance could have been in person or virtual.

- Yes *[IF YES]* Specify How Many Times REFUSED
 No
 REFUSED

2. In the past 30 days, did you have interaction with family and/or friends that are supportive of your recovery?

- Yes
 No
 REFUSED

3. How satisfied are you with your personal relationships?

- Very Dissatisfied
 Dissatisfied
 Neither Satisfied nor Dissatisfied
 Satisfied
 Very Satisfied
 REFUSED

4. In the past 30 days did you realize that you need to change those social connections or places that negatively impact your recovery?

- Yes
 No
 REFUSED

I. FOLLOW-UP STATUS

[REPORTED BY PROGRAM STAFF ABOUT CLIENT ONLY AT FOLLOW-UP.]

1. Was the client able to be contacted for follow-up?

- Yes
- No

2. What is the follow-up status of the client? *[THIS IS A REQUIRED FIELD: NA, REFUSED, DON'T KNOW, AND MISSING WILL NOT BE ACCEPTED.]*

- 01 = Deceased at time of due date
- 11 = Completed interview within specified window
- 12 = Completed interview outside specified window
- 21 = Located, but Refused, unspecified
- 22 = Located, but unable to gain institutional access
- 23 = Located, but otherwise unable to gain access
- 24 = Located, but withdrawn from project
- 31 = Unable to locate, moved
- 32 = Unable to locate, other (Specify) _____

3. Is the client still receiving services from your program?

- Yes
- No

Please complete Sections B, C, D, E, F, G and those sections of Section H assigned to your program.

[IF THIS IS A FOLLOW-UP INTERVIEW, STOP NOW; THE INTERVIEW IS COMPLETE.]