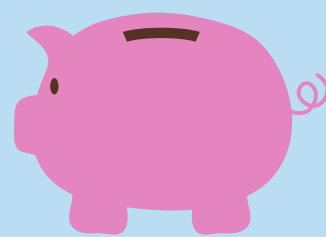


MICHIGAN YOUTH TREATMENT IMPROVEMENT & ENHANCEMENT (MYTIE) GRANT KEY ELEMENTS

CLIENT ELIGIBILITY

Must be **16-21** and have a substance use disorder. Each client must be served by **ONE** of the following EBP: Motivational interviewing, Trauma focused CBT, A-CRA, or Seeking Safety.

FUNDING



Modifiers:

HA HV (16-17 year olds)

HB HV (18-21 year olds)

Modifiers should be added to any current CPT code when using a MYTIE approved EBP by a CERTIFIED clinician.

EVIDENCE BASED PRACTICES

- **Motivational Interviewing:** 5 day training. Goal is to recognize & elicit change talk. Clinicians will learn the 3 elements of MI: spirit, principles and techniques.
- **Trauma Focused CBT:** 5 in person TEAM training days divided into 2 sessions, 13 month commitment to become certified. Minimum time to complete the program for youth is 3 months. Target age 3-18.
- **Adolescent Community Reinforcement Approach:** TEAM training. Target age 12-25. Involves family & caregivers. Certification process is VERY extensive and requires submission of recordings for evaluation.
- **Seeking Safety:** Online training, no certification required (no fidelity measures)

GPRA

Survey must be completed online in Qualtrics at: intake, 6 month follow up and discharge. Federal requirement of the MYTIE grant.



DIRECTOR REPORTING:

- Monthly Qualtrics Update
- Quarterly Qualtrics Report
- IAC Satisfaction Survey (Annually)
- Pre-site Visit Update (Annually)



CLINICAL REPORTING:

- 3 GPRA Surveys per Client Served
- GPRA Gift Card Tracker
- GAIN I Core Assessment highly recommended

TIPS FOR SUCCESS:

- PILOT the program with 1 or 2 clinicians
- Have chosen clinicians trained in 1 or 2 EBP ONLY
- Target 25 clients per year
- Put a system in place to maintain reporting requirements
- Attend IAC meetings, encourage clinician attendance

